

Deinstitutionalization:
Are we almost done or
have we only just begun?

November 18, 2019 AUCD

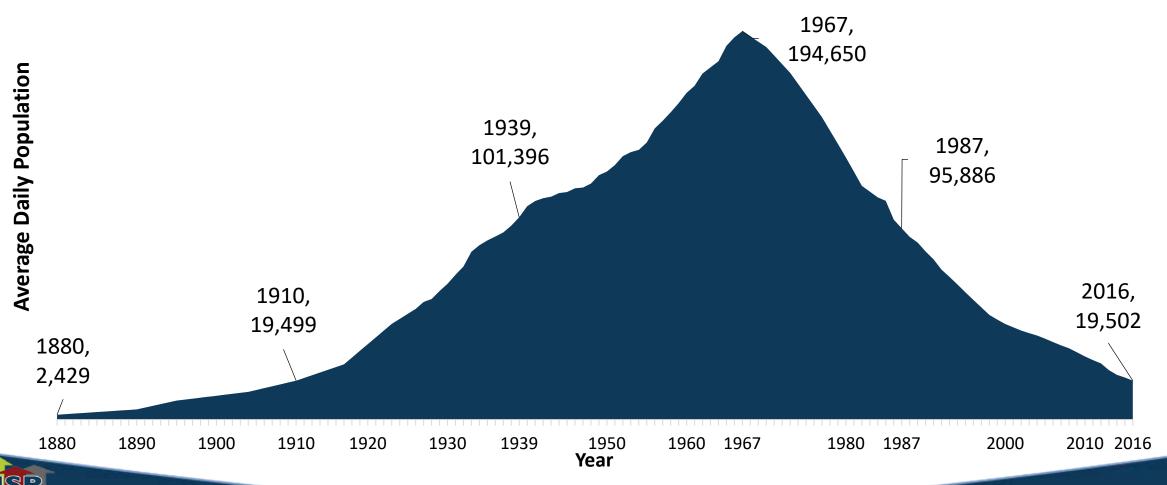
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# Deinstitutionalization: Are we done?

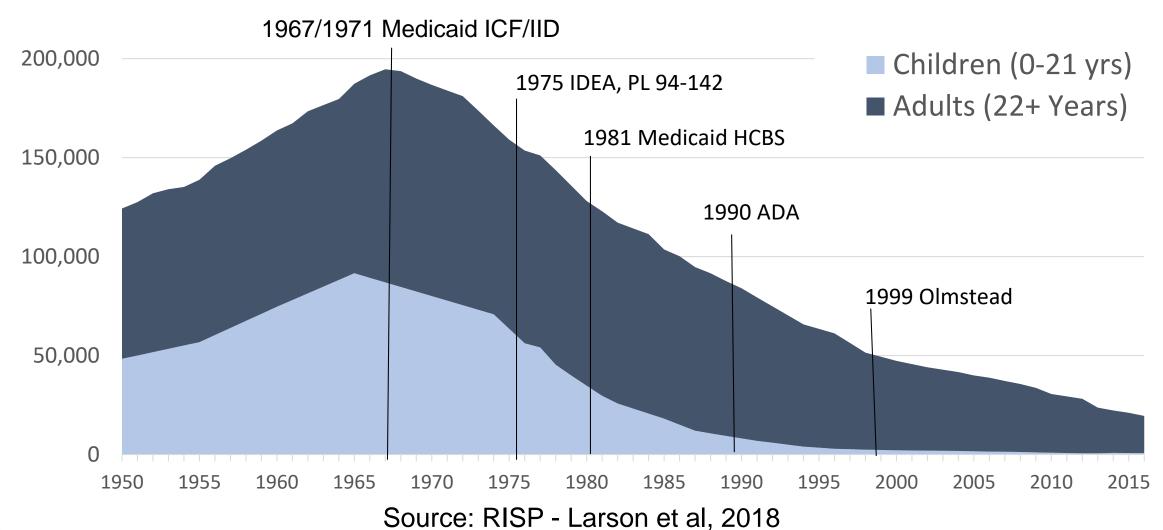
rtc on community living

### People in IDD Institutions 1880 to 2016





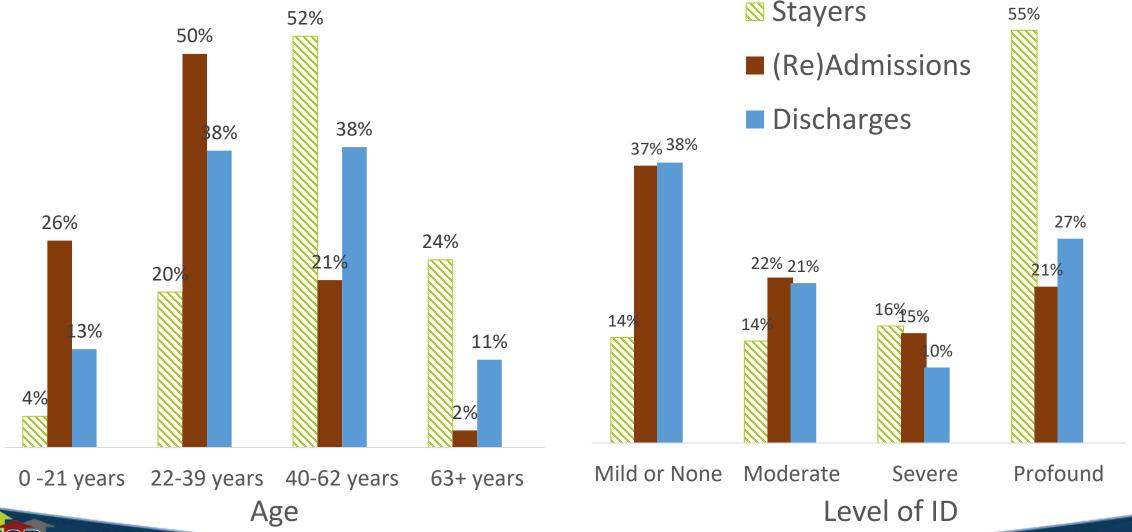
# Policy changes reduce number of children in institutions





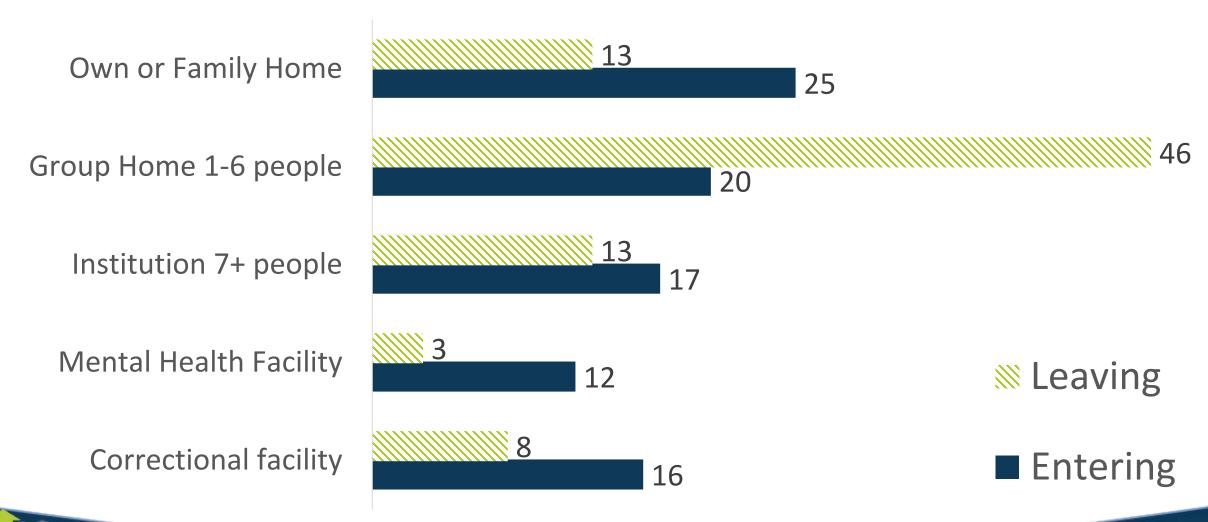


# Age and Level of IDD for People Entering and Leaving IDD Institutions





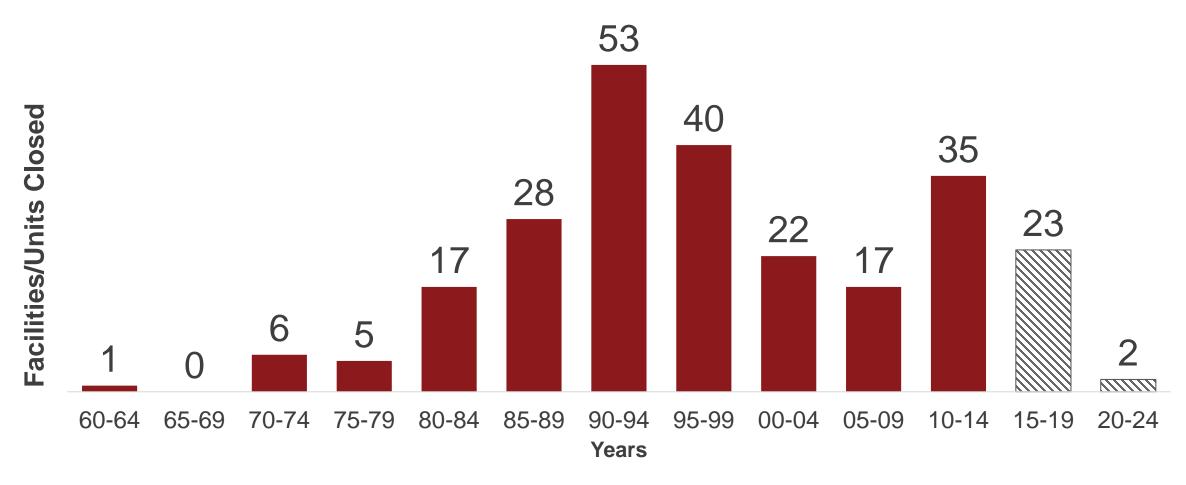
# Residence of People Entering/Leaving IDD Institutions







#### **IDD Institution Closures 1960 to 2024**



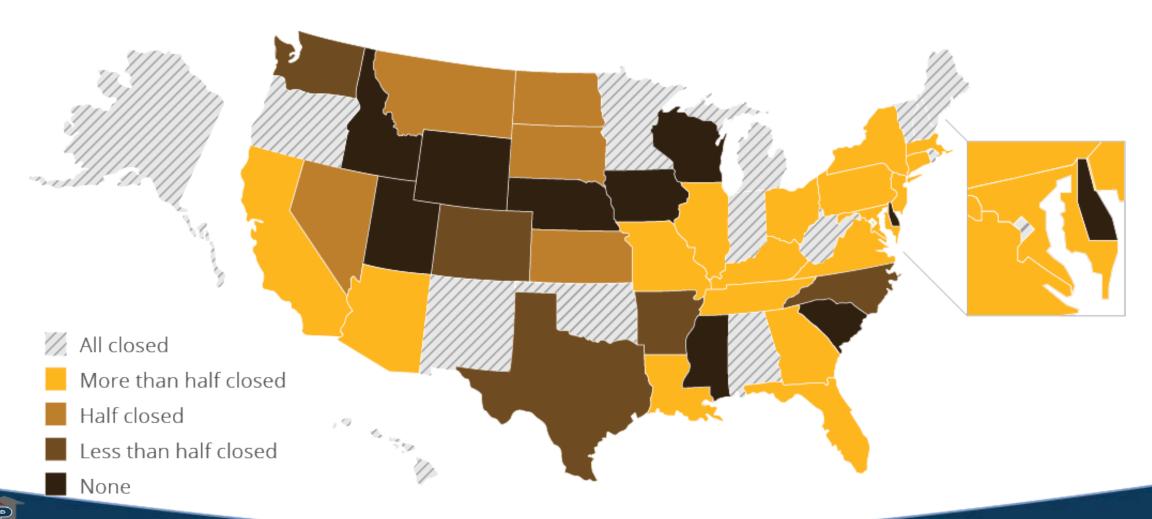
Source: RISP - Larson et al, 2018



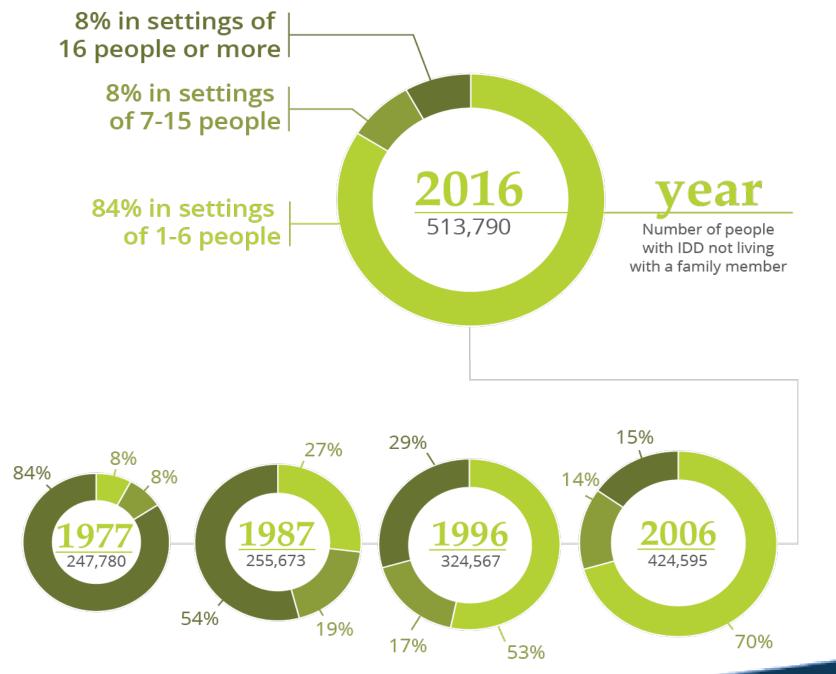


# **IDD Institution Closings by State 2016**

In 1977 there were 327 state-operated IDD facilities serving 16 or more people, by 2016 the total had dropped to 140.



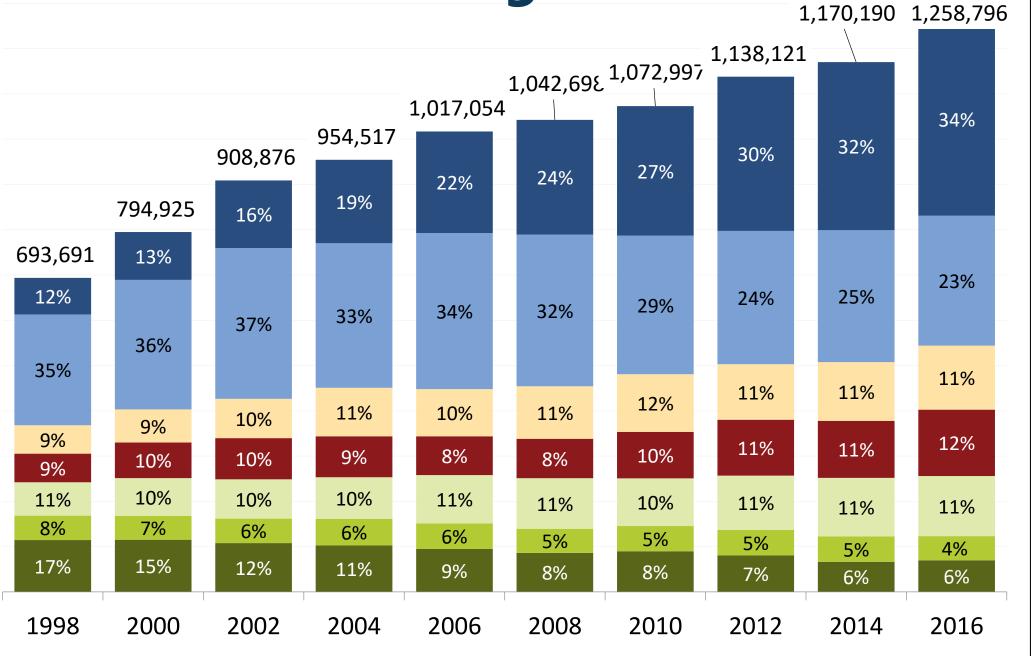
IDD
Residence
Size
1977 to
2016





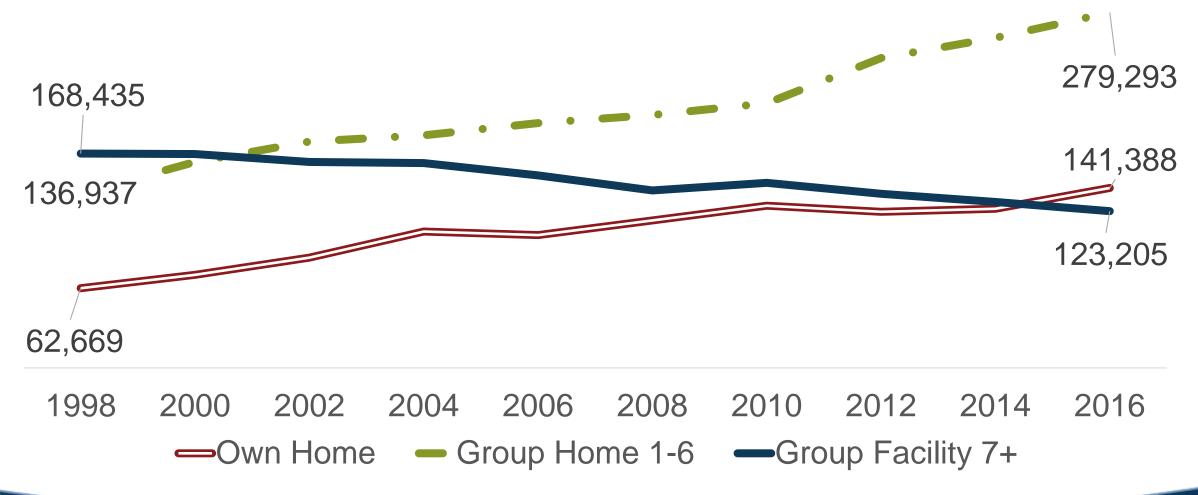


# Residential Settings 1998 to 2016



- Family with Waiver
- Family No Waiver
- Own Home
- Host/Foster, IDD 1 to 3
- IDD 4 to 6
- IDD 7 to 15
- IDD 16+, NH,
  Psych
  Total

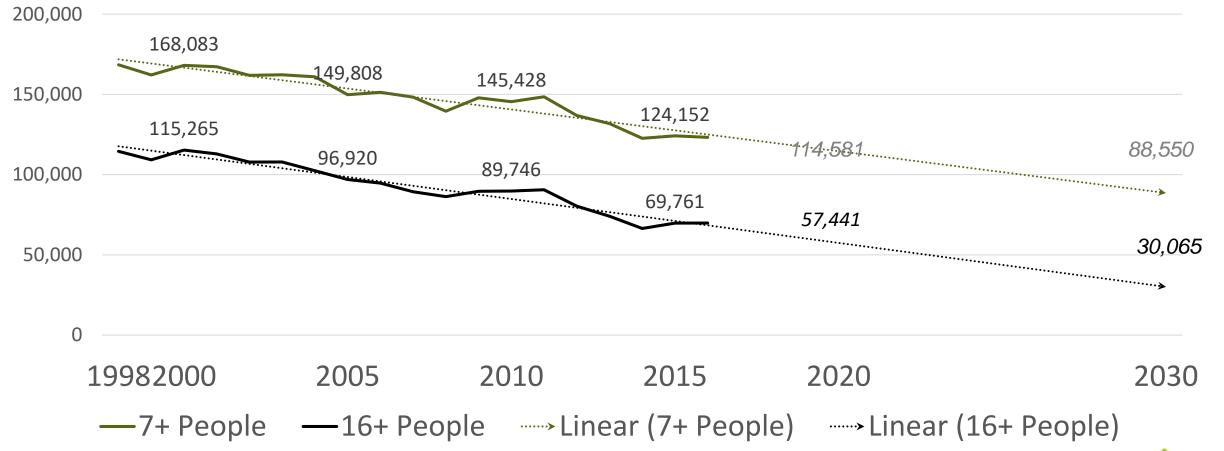
# More people now live in their own home or a small group home than in larger facilities





Source: RISP - Larson et al, 2018

# People with IDD in congregate settings of 7 + people 1998-2016 with projections to 2030



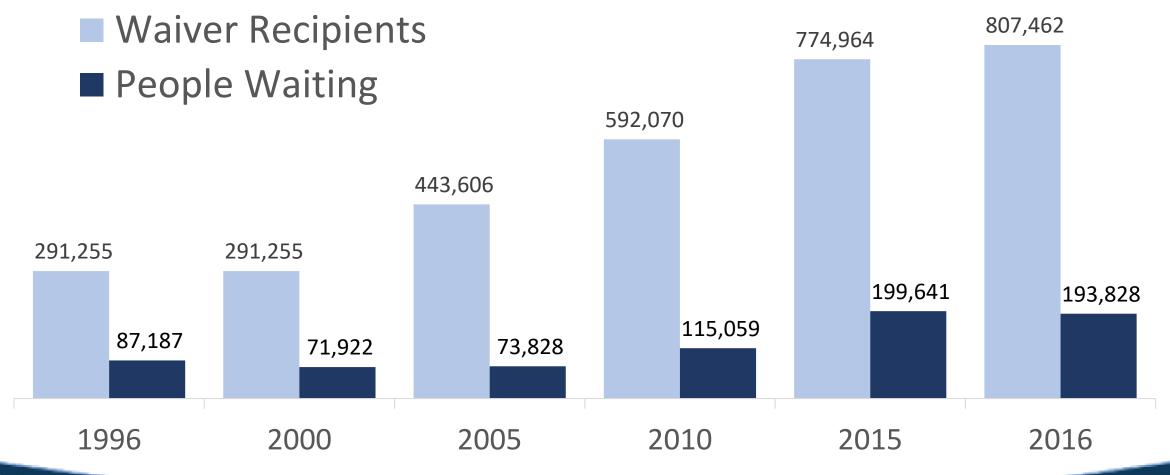


Includes ICF/IID, Nursing Homes and Psychiatric Facilities

# Or, Have We Only Just Begun?



# Waiver Recipients vs People Waiting 1996 to 2016





### People with IDD in Today's Institutions

- Child welfare
  - 4,789 GH 7+ or institution
- Special Education
  - 7,155 Residential School
  - 593 Correctional Facility
- Jail/Prison
  - 67,173 people with IDD (est.)

- Nursing homes
  - 26,381 with IDD (RISP)
- Psychiatric facilities
  - 3,715 people with IDD (RISP)
- ICF/IID
  - 74,615 people

#### Normalization

People regardless of type or severity of disability should

- Be supported to live, play, work and learn in culturally normative and physically and socially inclusive settings
- Be treated with respect and dignity with right to make both big and little choices
- Be full participants in individualized daily routine
- Typical patterns of life (holidays, vacation, go places)
- Inclusive activities and settings typical for age



#### **2014 Final HCBS Waiver Rules**

#### Homes must

- Be integrated in and support full access to the community
- Be selected by the individual from among setting options
- Ensure individual rights of privacy, dignity and respect, and freedom from coercion and restraint
- Optimize autonomy and independence in making life choices
- Facilitate choice regarding services and who provides them

#### **Provider Owned Settings**

- The individual has
  - a lease or other legally enforceable agreement
  - privacy in their unit including lockable doors,
  - choice of roommates and
  - freedom to furnish or decorate the unit;
- The individual controls his/her own schedule including access to food at any time;
- The individual can have visitors at any time; and
- The setting is physically accessible.



### Housing Models: New words or new ways

- Intentional Communities
  - Assisted Living
  - Supported Living
  - Independent Living
  - Life care
- Shared Equity
  - Condos
  - Co-housing
  - Homeowner associations

- Gated communities
- Cluster housing
- Vocational training facilities - Job corps
- Post-secondary education or life skills training

# Challenges

- Waiting lists for publicly funded home and community based services
- Affordable accessible inclusive housing
- Available, accessible, affordable transportation
- Poverty, unemployment, under-employment
- The IDEA generation expectations and experiences
- Dramatic increases in life expectancy

# **Strategies**

- Home ownership
- Integrated housing
- Universal Design and visit-ability standards
- Alternative financing: grants, lease to own, Able accounts, rent assistance
- Consumer controlled budgeting

- Housing-first approaches
- Separate housing from supports – If it doesn't work, the service not the resident leaves
- Accessible affordable public housing
- Enforcement of fair housing regulations

# Not finished yet

### **Residential Information Systems Project**

https://risp.umn.edu/

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